COURSE: NUR 220  
EFFECTIVE DATE: MAY 2015  
NEXT REVIEW DATE: MAY 2016

TITLE: Family Centered Nursing  
CREDITS: 7  
CONTACTS: CLASS - LAB - TOTAL 3 - 12 - 7

PREREQUISITES: BIO 211, NUR 101 and NUR 120 with a grade of “C” or better

CO-REQUISITES: NUR 163

DESCRIPTION: This course facilitates the application of the nursing process in the care of persons during the childbearing years (viewing the child and family as recipients of nursing care) and from birth through adolescence to promote optimal individual health and development at any stage of the health continuum.

The alterations in health patterns for women, infants and children will be presented, in addition to normal childbearing events (within a family context).

TEXTBOOK(S) OR ALTERNATIVE:


All books required for AHS 126, NUR 101, NUR 120 and NUR 106

MATERIALS (specifying those to be purchased by student): Uniforms and/or scrubs as required by dress code. Basic calculator, black ball point pen, watch with second hand, note pad, stethoscope, BP cuff, pen light, scissors, hemostats

COLLATERAL READING: As assigned

CLASS MANAGEMENT ACTIVITIES (Attendance, tardies, testing, etc.): Academic Dishonesty: NETC honors the state SCTCS Student Code with regard to Academic Dishonesty. Students should read the NETC College Catalog and Associate Degree Nursing Program Handbook. A copy of the Student Code is available at www.netc.edu.

Statement on Written Assignments: The instructor reserves the right to refuse any paper, which is messy or unreadable, or appears to be copied. Incorrect grammar and spelling errors will be noted. Papers will be graded on the basis of content, organization, grammar, and neatness.
Attendance and Tardy Policy: Continuity of classroom and laboratory experiences is essential to the student’s progress in providing safe patient care. Therefore, attendance at all scheduled classroom and clinical sessions is required. When absences are unavoidable, the Departmental policy applies as follows:

1. **Classroom** - Students are expected to attend all class meetings. If a student must be absent, it is the student’s responsibility to notify the instructor (Do not send a message through other students), no later than one hour prior to the class scheduled meeting. The student may be dismissed from the program if they miss more than one class. It is the student’s responsibility to obtain any information missed.

2. **Clinical** - Students are expected to attend 100% of scheduled lab/clinical activities. If it is necessary to be absent on a clinical day, the student must call Ms. Hope @ (843)921-6969 or Ms. Pearce, Adm. Asst. @ (843)921-6984 if you do not have a number to reach the clinical instructor. You must call no later than 60 minutes prior to the scheduled clinical time (Do not send a message through other students). The reason for the absence must be given. A medical excuse may be required. Violations of this rule may result in clinical failure.
   a. Students that are absent from clinical will have to make up this time. Make-up for clinical will be arranged at the discretion of the faculty. No call or no show is unprofessional conduct and may result in an unsatisfactory (U) for the clinical day. Two (2) “U’s” in the clinical area may result in clinical failure.
   b. A student that is ill or not prepared may not be allowed in the clinical area. The clinical instructor will make the decision. A statement from a physician may be required before a student returns to the clinical area. (Being unprepared includes not having your school/clinical ID, watch, stethoscope, pen, improper dress such as hoop or dangling earrings, nail polish, etc.)
   c. Professional behavior is expected at all times in the clinical setting. Any unprofessional behavior may be subject to disciplinary action. This includes students having cell phones in the clinical setting. Hospitals have a policy about this.
   d. Failure to notify the clinical instructor prior to clinical absence will be considered unethical performance and may result in clinical failure.

Classroom and Clinical Tardy: Tardy is defined as arriving at a clinical agency site or to the classroom after the assigned start time. More than ten (ten) minutes late will be considered tardy. Students that leave the class greater than ten (ten) minutes before the end of class will be given a tardy for the day unless prior arrangements have been made with the instructor. Three tardies are equivalent to one absence in the classroom.
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a. A tardy of **10 minutes or more** from the clinical setting is considered being **unprepared for clinical** and may result in a **clinical unsatisfactory (U)** and or the student being sent home for the day. You are expected to be at clinical sites by 6:45 a.m.

Testing/Final Exams: There will be no retests. Makeup tests will be allowed only for valid excuses for missing the examination and prior contact is made. A grade of “F” may be recorded for any test missed. If a problem should arise, a test may be taken early at a time established by the instructor. To be eligible to make up a test, the student must contact the instructor one hour prior to the class time of the day of the test is issued. The student may leave a phone message or e-mail explaining their situation and the timestamp on message must meet the deadline stated in the previous sentence. The instructor will return the call or respond to the e-mail indicating if the excuse is acceptable and the day and time the test can be taken. If the student is allowed to make up the test, they are expected to make up the missed test on their first day back to school (lecture). Failure to do so will result in a grade of zero (0) for that test. The test will be left in the Success Center or designated area by the instructor. The student will need to present their student ID badge in order to take the test. The instructor reserves the right to administer a full discussion test or a test other than the original test.

Electronic Devices: All electronic devices (cell phones, pagers, etc.) must be turned off during class/clinical time. These devices are not part of the instructional environment and may be confiscated by the instructor if utilized during these times. Cell phones are not allowed in the clinical areas. Texting, emailing, or phone calls are not allowed during class or clinical. Use of these devices during class or clinical could result in you getting dismissed from class and receiving an “F” for class or “U” for clinical for that day. If a student is a member of emergency preparedness, there must be authorization from the Dean of Student Services to keep the device on during class times. Hospitals have a policy regarding students and cell phones. We must abide by their policy. If a student is using an e-book for this class, they must notify the instructor.

Identification Badges: The College requires that students wear their Northeastern Technical College identification badge at all times while on campus and within the clinical setting areas. Failure to wear ID badge may result in the student not being allowed to enter into the classroom or clinical setting.

Classroom Etiquette: An integral part of an education is developing a sense of integrity, responsibility, and professionalism, not only toward instructors, but also toward other students. In the classroom, as on the job, exhibiting appropriate behavior reflects on your maturity. Arriving late to class, being unprepared, inappropriate talking while class is in session, etc. negatively reflects on fellow
students. Please be considerate. If you disrupt the class with your behavior, you will be dismissed and receive an “F” for the day.

**Disabilities Statement:** Students with disabilities are encouraged to contact the Dean of Student Services to discuss needs or concerns as they pursue an academic program and participate in campus life. The Dean of Student Services will provide guidance regarding official documentation of disabilities and/or accommodation of needs. (See College Catalog)

**RESOURCES (A-V, persons, tools/equipment):**
1. Lecture/Discussion
2. Demonstrations and return demonstrations
3. Care of selected patients
4. Audiovisuals and computer simulations
5. Handouts
6. Clinical Conferences
7. Written assignments
8. Tests
9. Assigned reading
10. Independent study
11. Library research activities

Educational resource testing and remediation as assigned

**COURSE TOPICAL OUTLINE** (List topics and sub-topics of course) and Calendar or approximate length of time devoted to topic.

<table>
<thead>
<tr>
<th>WEEK</th>
<th>TOPICS</th>
<th>CHAPTERS</th>
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</table>
| 1    | Introduction to Maternity Nursing, Reproductive Years | 1- 21st Century Maternity Nursing (1) *
|      | Read message under guidelines section of syllabus regarding ATI and NCLEX questions and due dates. | 2- Community Care: The Family and Culture (17) *
|      |                                                       | 3- Assessment and Health Promotion (39) *
|      |                                                       | 4- Reproductive System Concerns (74) *
<p>|      |                                                       | 5- Infertility, Contraception, and Abortion (109) * |</p>
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<thead>
<tr>
<th>WEEK</th>
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<th>CHAPTERS</th>
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</thead>
</table>
| 2    | Pregnancy | 6- Genetics, Conception, and Fetal Development (140)  
|      |         | 7- Anatomy and Physiology of Pregnancy (168)  
|      |         | 8- Nursing Care of the Family During Pregnancy (186)  
|      |         | 9- Maternal and Fetal Nutrition (227)  
|      |         | 10- Assessment of High Risk Pregnancy (249)  
|      |         | 11- High Risk Perinatal Care: Preexisting Conditions (267)  
|      |         | 12- High Risk Perinatal Care: Gestational Conditions (302)  
|      | Test # 1 - Week 1 material |  
| 3    | Childbirth | 13- Labor and Birth Processes (342)  
|      |         | 14- Pain Management (356)  
|      |         | 15- Fetal Assessment During Labor (382)  
|      |         | 16- Nursing Care of the Family During Labor and Birth (401)  
|      |         | 17- Labor and Birth Complications (441)  
|      |         | 18- Maternal Physiologic Changes (483)  
|      |         | 19- Nursing Care of the Family During the Postpartum Period (490)  
|      |         | 20- Transition to Parenthood (510)  
|      |         | 21- Postpartum Complications (530)  
|      | Postpartum Period |  
|      | Test # 2 - Week 2 material |  
| 4    | The Newborn | 22- Physiologic and Behavioral Adaptations of the Newborn (556)  
|      |         | 23- Nursing Care of the Newborn and Family (582)  
|      |         | 24- Newborn Nutrition and Feeding (633)  
|      |         | 25- The High Risk Newborn (663)  
|      | Test # 3 - Week 3 material |  

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<tr>
<th>WEEK</th>
<th>TOPICS</th>
<th>CHAPTERS</th>
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<tr>
<td>5</td>
<td>Health Promotion and Special Health Problems</td>
<td><strong>Chapter 29 - 35 Read (718 - 863)</strong> *&lt;br&gt;31-The Infant and Family (864)&lt;br&gt;32-The Toddler and Family (922)&lt;br&gt;33-The Preschooler and Family (952)&lt;br&gt;34-The School-Age Child and Family (985)&lt;br&gt;35-The Adolescent and Family (1010)</td>
</tr>
<tr>
<td>6</td>
<td>Special Needs, Illnesses, and Hospitalization</td>
<td>36-Chronic Illnesses, Disability, and End-of-Life Care (1051)&lt;br&gt;37-Impact of Cognitive or Sensory Impairment on the Child and Family (1084)&lt;br&gt;• <strong>38-Family-Centered Care of the Child During Illness and Hospitalization (1109)</strong> *&lt;br&gt;• <strong>39-Pediatric Variations of Nursing Interventions (1130)</strong> *</td>
</tr>
<tr>
<td>7</td>
<td>Health Problems of Children</td>
<td>40-Respiratory Dysfunction (1195)&lt;br&gt;41-Gastrointestinal Dysfunction (1246)&lt;br&gt;42-Cardiovascular Dysfunction (1318)</td>
</tr>
<tr>
<td>8</td>
<td>Health Problems of Children</td>
<td>43-Hematologic and Immunologic Dysfunction (1362)&lt;br&gt;44-Genitourinary Dysfunction (1393)&lt;br&gt;45-Cerebral Dysfunction (1417)&lt;br&gt;46-Endocrine Dysfunction (1461)</td>
</tr>
</tbody>
</table>
WEEK | TOPICS | CHAPTERS
--- | --- | ---
9 | Health Problems of Children | 47-Integumentary Dysfunction (1493)
48-Musculoskeletal or Articular Dysfunction (1531)
49-Neuromuscular or Muscular Dysfunction (1571)
10 | Test # 6 – Week 8 & 9 material | Study Appendixes A – C (1601 – 1613)
11 | Final Exam | ATI Exam – Schedule and time will be posted at later date

*These chapters may not be discussed in lecture but are required reading for self study and testing.*

The above outline is a planned tentative outline; the instructor reserves the right to add to or delete as needed and in the best interest of the student learner.

**LEARNING OUTCOMES:**  Student will be able to:

**Caring**
1. Relate the nursing process to the care of prenatal, perinatal, postpartum, neonatal, and pediatric patients.
2. Analyze individualized nursing care that is appropriate based on the patient’s philosophy, lifestyle, social, culture, and spiritual beliefs.
3. Implement the prescribed nursing care regime by performing clinical nursing skills within the legal, ethical, and regulatory framework of nursing practice for the childbearing family and pediatric patient.
4. Function as a patient advocate by assessing strengths, resources, and needs of childbearing families within the context of their community and make appropriate referrals.
5. Relate basic principles of growth and development to the nursing care of childbearing and childrearing families.

**Communication**
1. Summarize communication techniques through the types of therapeutic play and recreation used with hospitalized children.
2. Summarize the importance of therapeutic communication used in the care of the pediatric, childbearing and childrearing patients.
3. Demonstrate developmentally appropriate communication strategies with infants, children, adolescents and childbearing families.
Critical thinking
1. Describe nursing implications related to basic reproductive health issues.
2. Demonstrate safe and effective care to assigned patient(s) to childbearing and pediatric patients and throughout the childbearing process.
3. Apply knowledge of biopsychosocial sciences when providing rational for basic nursing care administered to childbearing families and pediatric patients.
4. Demonstrate increasing proficient calculations and safe medication administration, pharmacological knowledge, and management to the child bearing and pediatric patients.
5. Explain the role of nutrition in health promotion/health maintenance of the childbearing and childrearing family.
6. Describe the nursing implications of commonly occurring health problems of infants and children and child bearing families.
7. Utilize critical thinking skills in designing, implementing, and evaluating comprehensive care for childbearing families and pediatric patients.

Teaching and Learning
1. Demonstrate health education to promote and facilitate decision making actions, positive outcomes, and supportive self-care activities of childbearing families and pediatric patients.

Professionalism
1. Discuss the legal, ethical, and professional standards a nurse must address when working with the common health care problems found in childbearing families and pediatric patients.
2. Describe political processes which affect health care of childbearing families and pediatric patients.
3. Recognize the impact of economic, political, social and demographic forces on the delivery of healthcare for childbearing families and pediatric patients.
4. Compare the roles of members of the multi-disciplinary team and nursing.
5. Function as an advocate in collaboration with the multidisciplinary or health care team for childbearing families and pediatric patients.

COLLEGE WIDE COMPETENCIES:
1. Identify and use sources of information by utilizing information processing skills compatible with job demands in a computer-literate society.
2. Solve problems incorporating effective decision-making, reasoning and creativity.
3. Apply mathematical/computational skills to solve problems.
4. Practice interpersonal skills and teamwork in their lives and chosen careers.
5. Perform professional/technical skills which are appropriate and ethical for their chosen disciplines.

INSTRUCTIONAL METHODS TO COMPLETE OBJECTIVES:
1. Lecture
2. Audio-visual aids
3. Class discussion
4. Group discussion
5. Group and/or individual project(s)
6. Tests
7. Comprehensive ATI testing
8. Written assignments
9. Reference readings
10. Moodle and/or other computer-assisted instructions

ASSESSMENT TOOLS:
1. Clinical evaluation tool
2. Objective tests
3. Quizzes
4. Patient care plan
5. Skills check sheet
6. Group work
7. Research Paper

METHOD OF EVALUATION:

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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Exams</td>
<td>70%</td>
</tr>
<tr>
<td>Quizzes/written assignments**</td>
<td>10%</td>
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<tr>
<td>Final Exam</td>
<td>20%</td>
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**If no quizzes/written assignments/research paper are given, the tests will be worth 80%

GRADING SCALE:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Score Range</th>
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<tbody>
<tr>
<td>A</td>
<td>93-100</td>
</tr>
<tr>
<td>B</td>
<td>86-92</td>
</tr>
<tr>
<td>C</td>
<td>78-85</td>
</tr>
<tr>
<td>D</td>
<td>70-77</td>
</tr>
<tr>
<td>F</td>
<td>69 &amp; below</td>
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</table>

ATI GRADES FOR FINAL EXAMS

<table>
<thead>
<tr>
<th>Level</th>
<th>Grade</th>
<th>Points</th>
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<tbody>
<tr>
<td>Level 3</td>
<td></td>
<td>100 = 20 points</td>
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<tr>
<td>Level 2</td>
<td></td>
<td>90 = 18 points</td>
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<tr>
<td>Level 1</td>
<td></td>
<td>60 = 12 points</td>
</tr>
<tr>
<td>Below Level 1</td>
<td></td>
<td>No grade is given for this level score</td>
</tr>
</tbody>
</table>

Grades and points are based on the 20% range for final exams

NOTE: The above information is a general outline of the material covered and exams. The instructor reserves the right to alter the material either adding to or deleting from the list, as conditions and time allows.
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**ATI TESTING GUIDE:**

ATI testing, both practice and proctored will occur consistently throughout the Associate Degree Nursing (ADN) Program. Dates and times for these exams will be posted in advance in the classroom and on Moodle. Grading for this exam is stated above.

Successful completion of NUR 220 is contingent upon both completion of course work, including the ATI final exams, and a satisfactory grade in clinical. You must pass both NUR 220 and NUR 163 with a score of 78 or better to progress into the Fall Semester.

**GUIDELINES FOR STUDENTS:**

1. All written work must have **your name** on it. You will not receive credit for your work if your name is not on the paper. All written assignments must be typed. No handwritten assignments will be accepted unless otherwise instructed by your instructor.

2. One-half (1/2) point will be taken off for each misspelled word. This applies if the same word is misspelled more than once.

3. Students are expected to be fully prepared for each class or clinical rotation. This includes ID badge, scissors, black ballpoint pens, drug book, small note pad, etc.

4. Assignments are to be turned in by the assigned date/time. If you are unable to turn in the assignment, make arrangements to have the assignment turned in for you. Failure to turn assignment in by assigned date/time will result in **5 points being taken off for each day assignment is late, including weekends and holidays.** Clinical assignments are to be turned in by date/time designated by instructor or you will receive an unsatisfactory (U) for Med-Surg clinical for that week. (Clinical is only one day/wk.)

5. Students are to **arrive at the clinical facility on time**, in full uniform. (This includes ID and accessories). The uniform is to be clean and ironed, along with clean shoes. Uniforms are to be worn in the clinical setting only or when instructed by the nursing faculty. (See Associate Degree Nursing Program Handbook for clinical student uniform/dress code).

6. There is to be no eating or drinking in the classroom, simulated lab, or computer area. The only exception to this is bottled water which you may bring to class.

7. Students are required to perform designated exam of Saunders Comprehensive Review for NCLEX-RN Companion CD-ROM (5th ed. downloaded on computers in nursing lab, classroom, and Rm 810) with a minimum scoring of **85%**. Exam date for this exam will be June 10, 2015. A result of the exams is to be presented to the instructor on the date designated. These will count as quiz grades for the semester. If you have problems or don’t understand how to download these tests to do the combined version, contact Mrs. White. She will show you how.

8. Students are required to perform the designated ATI practice exams with a minimum scoring of **85%**. A copy of the result of these practice tests is to be presented to the instructor by July 22, 2015. These will count as a quiz grade for the semester.
9. Students may be assigned at least 2 or more Virtual Excursion assignments during the semester as part of your learning process as so designated by your instructor.

10. You will be required to do at least one complete Care Plan with Care Map which will include pathophysiology and how it relates to your patient, physical assessment form, labs with interpretation, and med cards during your PEDS rotation. Date to be turned in will be determined by your clinical instructor. Your clinical instructor may assign you to do more than one if they feel you need the practice. You will also do at least one Maternal Child Assessment tool form which will be included in the care plan for your OB rotation. Your clinical instructor will grade your care plan/map. If you fail to turn in your plan by date designated by your clinical instructor, you will receive an unsatisfactory for the plan. Remember, you are only allowed to make 2 “U’s” in clinical to pass. If you exceed your quota, you will be dismissed from the program regardless of your class grade and will not be able to progress in the ADN program. Your clinical instructor may designate other assignments during your clinical rotation period. Failure to comply with any assignment as instructed will result in a grade of “U” unsatisfactory for that assignment.

11. All students should have access to Moodle on-line program. If you don’t have access or having difficulty with your access, notify Moodle Administration for assistance. You will need to monitor your Moodle account frequently for information regarding your classes, assignments, and messages.

12. Test and Exam Review: Test will be graded and returned for review no later than two weeks after the date of administration. If the student wishes to review a test in greater detail, the student should make an appointment with the instructor. Students have one week to review test, contest an item on test, or contest test grade. After the week has passed, the grade will be considered final. There will be two ATI finals for this class. They will be averaged together to obtain your final exam grade. Tests are not to be taken from the classroom and must be returned to instructor immediately following any discussion about test.

13. If a quiz is given on a day you are absent, there will be no allowances to take that quiz at a later date. You will receive a zero (0) for the missed quiz.