COURSE: NUR 214  
EFFECTIVE DATE: Fall 2014  
NEXT REVIEW DATE: Fall 2015

TITLE: Mental Health Nursing  
CREDITS: 4  
CONTACTS: CLASS - LAB - TOTAL

CLASS: 2  
LAB: 6  
TOTAL: 4

PREREQUISITES: PSY 201, BIO 211, NUR 163, and NUR 220 with a grade of “C” or better.

CO-REQUISITES: NUR 210

DESCRIPTION: This course facilitates the utilization of the nursing process to assist in meeting the needs of patients with common mental health problems. Focus is on the dynamics of human behavior ranging from normal to extreme.

NUR 214 focuses on the dynamics of human behavior during mental illness and the use of culturally sensitive therapeutic communication and caring interventions in nurse patient interactions. Collaboration with the patient, significant support persons and interdisciplinary mental health team will be utilized to establish patient goals and to foster adaptive (coping) responses. The student will implement the process of teaching/learning to assist selected patients to manage their illness and maintain wellness. Critical thinking skills will be utilized by the student and in collaboration with interdisciplinary mental health team to manage the patient’s external environment of the clinical setting and provide opportunities for patient personal growth. Professional behaviors will be demonstrated during clinical experiences, outpatient clinics, partial hospital programs, and rehabilitative independent living skills programs.

TEXTBOOK(S) OR ALTERNATIVE:


Laws Governing Nursing in South Carolina: State Board of Nursing for SC (Website: www.llr.state.sc.us/pol)


The following comes as a package deal in bookstore:


MATERIALS (Recommended):
Mosby Nursing and Medical Dictionary and Encyclopedia – within 5 years old
Or Tabers Encyclopedic Medical Dictionary, 22nd ed.

Nursing Care Plan/Concept Map Book – within 5 years old
Nursing Drug Handbook – within 2 years old
The Pill Book – 2014 edition – if Nursing Drug Handbook is over 2 years old

COLLATERAL READING: To be determined

CLASS MANAGEMENT ACTIVITIES (Attendance, tardies, testing, etc.):
Academic Dishonesty:
NETC honors the state SCTCS Student Code with regard to Academic Dishonesty. Students should read the NETC College Catalog and Associate Degree Nursing Handbook. A copy of the Student Code is available at www.netc.edu.

Statement on Written Assignments:
The instructor reserves the right to refuse any paper, which is messy or unreadable, or appears to be copied. Incorrect grammar and spelling errors will be noted. Papers will be graded on the basis of content, organization, grammar, and neatness. APA format will be required for any papers written for this class unless instructed otherwise. No handwritten papers will be accepted except for care plans and mental status exams unless otherwise specified by instructor. Any handwritten assignments must be neat and legible to receive credit.

Attendance and Tardy Policy:
Classroom – The student is responsible for material covered or assigned in any class or lab. A student may miss a maximum of up to 4.0 scheduled class hours (1 day). It is strongly advised that students attend all classes. Three tardies will equal to one absence. A student will be considered tardy if he/she comes into the classroom 10 minutes after class has begun. It will also be considered a tardy if you leave the classroom 10 minutes before the class is scheduled to be dismissed unless prior arrangements have been made with the instructor.

Clinical: Students are required to attend 100% of the stated clinical hours in each Nursing course. If the student misses 9 or less (1 day)
clinical hours due to unpreventable circumstance (death in family, illness, etc.), the student will make up the hours according to the guidelines stipulated by the Nursing Department. Make-up of the clinical time must be completed before the end of the term. If additional absences occur (beyond hours stated above), the student may be subject to clinical failure, which may result in the student receiving an “F” for the course due to excessive absences in clinical. A student may be considered tardy if he/she arrives after the official clinical starting time and may not be allowed to enter into the clinical area, resulting in a clinical absence. In the event of a clinical absence, the student must notify the appropriate clinical instructor ONE HOUR before the designated start time of that clinical rotation.

Failure to notify the clinical instructor prior to clinical absence will be considered unethical performance and may result in clinical failure.

Electronic Devices: All electronic devices (cell phones, pagers, etc.) must be turned off during class/clinical time. These devices are not part of the instructional environment and may be confiscated by the instructor if utilized during these times. Most clinical sites have a policy regarding students not having cell phones at clinical sites. As a visitor of these clinical sites, we must abide by the sites rules about use of electronic devices. E-books are allowed but need to be charged before coming to class due to limited plug-ins available for student usage. Instructor needs to be notified if you are using an e-book. If you are a member of emergency preparedness, you must have authorization from the Vice President of Student Service to keep the device on during these times.

Classroom Etiquette: An integral part of an education is developing a sense of integrity and responsibility, not only toward instructors, but also toward other students. In the classroom, as on the job or in your home, exhibiting appropriate behavior reflects on your maturity. Arriving late to class, being unprepared, inappropriate talking while class is in session, chewing gum, filing nails, etc., are distracting behaviors that negatively reflects on you and your fellow students. Please be considerate. You may be asked to leave the class and/or clinical if you cannot exhibit appropriate behavior during these scheduled periods.

Identification Badges: The College requires that students wear their Northeastern Technical College Identification Badge at all times while on campus and within the clinical setting areas. Failure to wear ID badge may result in the student not being allowed to enter into the classroom or clinical setting which would result in the student receiving an unsatisfactory (U) grade for his/her clinical rotation for that day.

Disabilities Statement: Students with disabilities are encouraged to contact the Dean of Student Services to discuss needs or concerns as
they pursue an academic program and participate in campus life. The Dean of Student Services will provide guidance regarding official documentation of disabilities and/or accommodation of needs. (See College Catalog)

**RESOURCES (A-V, persons, tools/equipment):**
Videos and/or DVDs will be used, Moodle, Field Trips, You Tube, Written Assignments, Clinical Assignments, Textbook

**COURSE TOPICAL OUTLINE** (List topics and sub-topics of course) and Calendar or approximate length of time devoted to topic.

**PLANNED CONTENT SCHEDULE**

<table>
<thead>
<tr>
<th>WEEK</th>
<th>TOPICS</th>
<th>CHAPTERS</th>
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<tbody>
<tr>
<td>1</td>
<td>Foundations for Practice</td>
<td>Review of Syllabi, Web Enhancement materials, online resources, etc. 1. <strong>Video: My Sister's Keeper</strong> 2. Ch. 1 – Through the Door: Your First Day in Psychiatric Nursing 3. Ch. 2 – Psychiatric Nursing: Evolution of a Specialty</td>
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<td>2</td>
<td>Foundations for Practice</td>
<td>4. Ch. 3 – Theory as a Basis for Practice 5. Ch. 4 – Neuroscience as a Basis for Practice 6. Ch. 5 – Diagnostic Systems for Psychiatric Nursing</td>
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<td></td>
<td>Critique of Video</td>
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<tr>
<td>3</td>
<td>Foundations for Practice</td>
<td>7. Ch. 6 – Tools of Psychiatric Mental Health Nursing Communication, Nursing Process, and the Nurse Client Relationship 8. Ch. 7 – Cultural and Ethnic Considerations 9. Ch. 8 – Epidemiology of Mental Health Illness 10. Ch. 9 – Ethical and Legal Bases for Care 11. Ch. 10 – Self-care for the Nurse</td>
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<td>WEEK</td>
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<td>CHAPTERS</td>
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<td>4</td>
<td>Nursing Interventions and Treatment Modalities</td>
<td>12. Ch. 27 – Pharmacology in Psychiatric Care</td>
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<td></td>
<td><strong>Test #1 (Ch. 1-10)</strong></td>
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<tr>
<td>5</td>
<td>Clients with Psychiatric Disorders</td>
<td><strong>A Virtual Hallucination: Mindstorm</strong></td>
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|      | **Test #2 (Ch. 27)** | 13. Ch. 11 – The Client Undergoing Crisis  
14. Ch. 12 – The Client Experiencing Anxiety  
15. Ch. 13 – The Client Experiencing Schizophrenia |
| 6    | Clients with Psychiatric Disorders | 16. Ch. 14 – The Client Experiencing Depression  
17. Ch. 15 – The Client Experiencing Mania  
18. Ch. 16 – The Client who is Suicidal |
| 7    | Clients with Psychiatric Disorders | 19. Ch. 17 – The Client Who Abuses Chemical Substances  
20. Ch. 18 – The Client with a Personality Disorder |
| 8    | Clients With Psychiatric Disorders | 21. Ch. 19 – The Client Experiencing a Somatoform, Factitious, or Dissociative Disorder  
22. Ch. 20 – The Client with Disorders of Self-regulation: Sleep Disorders, Eating Disorders, and Sexual Disorders |
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<tr>
<th>WEEK</th>
<th>TOPICS</th>
<th>CHAPTERS</th>
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</table>
| 9    | Special Populations | 23. Ch. 21 – The Physically Ill Client Experiencing Emotional Distress  
Test #4 (Ch. 16-20)  
24. Ch. 22 – Forgotten Populations: the Homeless and the Incarcerated |
| 10   | Special Populations | 25. Ch. 23 – The Child  
26. Ch. 24 – The Adolescent |
| 11   | Special Populations | 27. Ch. 25 – The Elderly  
28. Ch. 26 – Violence: An Issue for Psychiatric Mental Health Nursing  
Video: A Beautiful Mind |
| 12   | Nursing Interventions and Treatment Modalities | 29. Ch. 28 – Individual Psychotherapy  
30. Ch. 29 – Family Therapy  
31. Ch. 30 – Group Therapy  
Test #5 (Ch. 21-26)  
NCLEX Questions: Mental Health – due Wednesday of week 12 (100) (Saunders NCLEX Review Book) (counts as quiz grade) |
| 13   | Nursing Interventions and Treatment Modalities | 32. Ch. 31 – Community Mental Health Nursing  
33. Ch. 32 – Complementary and Somatic Therapies  
ATI Practice Test – Mental Health A & B – due Wednesday – week 13 (counts as 2 quiz grades) |
| 14   | Additional Resources | 1. Mini Mental-Status Exam (Interviewing mental health client at Palmetto Ridge Assisted Living Facility) – due on date assigned by instructor after clinical rotation to facility  
Test #6 (Ch. 28-32) |
The above outline is a planned tentative outline; the instructor reserves the right to add to or delete as needed and in the best interest of the student learner. Test schedule for above outline is listed on grade sheet for this subject.

**COURSE COMPETENCIES/LEARNING OUTCOMES:** Student will be able to:

### Caring

1. Design nursing care as a team member in providing holistic patient centered care for mental health clients across healthcare settings.
2. Demonstrate the value in bio-psycho-socio-cultural-spiritual needs in within the practice of psychiatric-mental health nursing across the life span.
3. Apply knowledge from nursing and related disciplines as a basis for nursing care for persons experiencing common psychiatric mental health conditions.
4. Identify sign and symptom characteristics of mental health deviations from mental health.
5. Give nursing care in a competent, responsible, legal and ethical manner in caring for psychiatric mental health conditions.
6. Evaluates the roles of the Associate Degree nurse in providing mental health care, and practice these roles with selected clients who have common mental health conditions.

### Communication

1. Plan appropriate therapeutic communication techniques when interacting with the mental health patients.
2. Demonstrate self reliance and proficiency in working through course assignments on the computer.
3. Use therapeutic communication techniques in provision of psychiatric mental health nursing care.
4. Develop techniques to use in teaching the importance of medication compliance involving mental health patients of various ages.

### Critical Thinking

1. Plan nursing care utilizing the nursing process with mental health clients.
2. Plan care utilizing the nursing process to promote the adaptation of clients experiencing commonly occurring mental health problems.
3. Explain influence of biopsychosocial and spiritual variables in the development of mental health conditions.
4. Demonstrate increasing proficient calculations and safe medication administration, pharmacological knowledge, and management to psychiatric patients.
5. Demonstrate critical thinking abilities while making competent decisions utilizing ATI and NCLEX questions using mental health scenarios.

Teaching and Learning
1. Develop various communication techniques that facilitate teaching and learning for mental health clients across healthcare settings.
2. Explain the barriers that mental health clients experience related to teaching and learning.

Professionalism
1. Designs nursing care within the legal and ethical framework and expectations as designated by the profession of nursing and the Nurse Practice Act.
2. Summarizes the impact of economic, political, social, and demographic forces on the delivery of health care for mental health clients and their families.
3. Demonstrate professional behavior and participate in ongoing professional development and community involvement.

COLLEGE WIDE COMPETENCIES:
1. Solve problems incorporating effective decision-making, reasoning and creativity.
2. Practice interpersonal skills and teamwork in their lives and chosen careers.
3. Identify and use sources of information by utilizing information processing skills compatible with job demands in a computer-literate society.
4. Apply mathematical/computational skills to solve problems.
5. Perform professional/technical skills which are appropriate and ethical for their chosen disciplines.

INSTRUCTIONAL METHODS:
1. Lecture
2. Audio-visual aids
3. Class discussion
4. Group discussion
5. Group and/or individual project(s)
6. Tests
7. Comprehensive ATI testing
8. Written assignments
9. Role-play
10. Reference reading
11. Moodle and/or other computer-assisted instructions
ASSESSMENT TOOLS: May include:
1. Clinical evaluation tool  
2. Objective tests 75%  
3. Projects/quizzes/written assignments 5%  
4. ATI Final exam 20%  
5. Patient care plan  
6. Skills check sheet  
7. ATI Practice Testing and Remediation  

EVALUATIVE METHODS TO APPRAISE OUTCOMES: 
Course grades will be derived from theory and practice (lab and clinical rotations). A grade below 78 in theory or an unsatisfactory lab or clinical evaluation constitutes failure of the course regardless of either scoring individually. A student is permitted to repeat a NUR course ONE time only. The student who repeats a NUR course and does not achieve a grade of 78 or better is ineligible to continue enrollment in the Associate Degree Nursing Program. While waiting to repeat a NUR course, a student will not be able to take a NUR that has a prerequisite of the NUR course which was not successfully completed.  

CLINICAL EVALUATION: 
Patient Care Areas: The student is allowed a maximum of one (1) unsatisfactory marking on the NUR 214 Clinical Performance Evaluation. If a student receives two (2) or more unsatisfactory markings on the Clinical Performance Evaluation sheet, he/she will receive an unsatisfactory evaluation for the total NUR 214 clinical rotation and will result in failure to meet minimal requirements for the class. If a student jeopardizes patient safety or engages in unethical or illegal behavior, this will result in a clinical course grade of failure. Behavior that is considered unprofessional such as clowning around, excessive talking or joking with other students or staff during your clinical rotation or while on clinical site will be cause for a grade of unsatisfactory for that clinical day. You will be given only one warning for the semester about this type of behavior. If this behavior continues, you can be dismissed from the nursing program and receive a grade of “F” for the class this clinical is associated with. 

Testing/Final Exams: There will be no retests. Makeup tests will be allowed only for valid excuses for missing the examination and prior contact is made. A grade of “F” will be recorded for any tests missed. If a problem should arise, a test may be taken early at a time established by the instructor. To be eligible to make up a test, the student must contact the instructor prior to the class time of the day the test is issued. The student may leave a phone message or email explaining their situation and the timestamp on message must meet the deadline stated in the previous sentence. The instructor will return the call or respond to the email indicating if the excuse is acceptable and the date and time the test can be taken. If you are allowed to make up the test, you are expected to make up the missed test on your first lecture day back to school or date designated by instructor. Failure to do so will result in a grade of zero (0) for that test. The test will be left in the Success Center. You will need
your student ID card in order to take the test. The instructor reserves the right to administer a full discussion test or a test other than the original test for the makeup test.

Tests will be graded and returned for in-class review no later than two (2) weeks after the date the test is administered. Tests will not be returned until all students have taken the test. Tests are not to be taken from the classroom and must be returned to the instructor after review. Failure to return your test to the instructor will result in an “F” for that test. If the student wishes to review a test in greater detail, the student must make an appointment with the instructor to do so. **Students will have one (1) week to review test, contest an item on the test, or contest the test grade.** After the week has passed, the grade is considered final. ATI Final Exams and NCLEX Exams are graded by the computer and NETC instructor has no ability to change the grade that has been designated by the computer on either of these test programs. Grades on test will not be changed after the grade is considered final.

There will be multiple review questions given throughout this semester for you to practice on. These questions will be used in group/class projects or extra assignments for you to practice your knowledge about this subject and other subjects related to this topic. Extra credit will not be given for these questions.

**GRADING SCALE:**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
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<tbody>
<tr>
<td>A</td>
<td>93-100</td>
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<tr>
<td>B</td>
<td>86-92</td>
</tr>
<tr>
<td>C</td>
<td>78-85</td>
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<tr>
<td>D</td>
<td>70-77</td>
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<tr>
<td>F</td>
<td>69 &amp; below</td>
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</table>

Clinical is pass-fail but must be passed to pass the course.

**GUIDELINES FOR NUR 214 STUDENTS:**

**Materials:** The following equipment is required for lab/clinical rotation: Black BallPoint Pen (no gel pens), Scissors, hemostats, Pen Light, Stethoscope, Small Notebook, Watch with second hand, and Drug Handbook. Clinical rotations will require appropriate dress or nursing uniforms/supplies designated by instructor. Instructor will inform student of other materials needed prior to lab/clinical rotation. In some of the psych units, you will be advised not to have any sharp objects on you while working on those units.

**Class/Clinical Guide**

1. All written work must have **your name** on it. You will not receive credit for your work if your name is not on the paper. All hand-written assignments must be neat and legible to receive credit for your work.

2. One-half (1/2) point will be taken off for each misspelled word. This applies if the same word is misspelled more than once.

3. Students are expected to be fully prepared for each class or clinical rotation. This includes ID badge, scissors, watch with
second hand, black ballpoint pens (not gel pens), drug book, small note pad, etc.

4. Assignments are to be turned in by the assigned date/time. If you are unable to turn in the assignment, make arrangements to have the assignment turned in for you. Failure to turn assignment in by assigned date/time will result in **5 points being taken off for each day assignment is late, including weekends and holidays.** Clinical assignments are to be turned in by date/time designated by instructor or you will receive an unsatisfactory (U) for Psych clinical for that week. (Clinical is only one day/wk.)

5. Students are to **arrive at the clinical facility on time,** in full uniform or designated attire required by clinical facility. (This includes ID and accessories). The uniform is to be clean and ironed, along with clean shoes. Uniforms are to be worn in the clinical setting only or when instructed by the nursing faculty. (See Associate Degree Nursing Program Handbook for clinical student uniform/dress code). When attending clinical requiring dress clothes, no jeans, sandals, open toe/heel shoes, or decorated sneakers are allowed. Clothes cannot be revealing and lab coat is required with dress clothes (especially at McLeod Behavior Health Center where no white uniform is allowed).

6. There is to be no eating or drinking in the classroom, simulated lab, or computer area. The only exception to this is bottled water which you may bring to class.

7. Students are required to perform designated exam of Saunders Comprehensive Review for NCLEX-RN Companion CD-ROM with a minimum scoring of **85% for Mental Health.** (This CD has been downloaded on computers in the nursing lab and classroom.) Exam date for this exam will be designated by the instructor. A result of the exam is to be presented to the instructor on the date designated by the instructor. This will count as a quiz grade.

8. Students who do not make a minimum of 85% on any ATI practice test is required to perform the remedial training portion of the Assessment Technologies Institute (ATI) Educational Testing on subjects covered on that practice test. Documentation of completion of the remedial portion has to be provided to the instructor along with the practice test results on date assigned by instructor. Students who do not provide the remedial training portion by the date assigned will not be able to continue in the program. Test answers and rationales for practice test will not be revealed to the class until all students have submitted their assignments. You will be provided with a rubric to follow according to your test scores on your practice test.

9. The workbook that accompanies the textbook for this course is for you to use as a study guide and assist you with understanding this course better. No grades will be issued for this book.

10. This class requires journaling to be done each week of the course. Guidelines for this will be explained by the instructor and will be available on Moodle.
ATI TESTING GUIDE:

ATI testing, both practice and proctored will occur consistently throughout the Associate Degree Nursing (ADN) Program.

1. The practice ATI testing will be available in every course. Completion of practice testing with written proof of 85% or higher will be handed into the course instructor by date designated by instructor. If practice testing is not completed before the end of the semester, the student will receive a grade of incomplete for the course and not be able to progress in the ADN program.

2. The Proctored ATI testing is required in specific courses in the ADN program. This test is used as the Final Exam grade for the classes indicated (see Nursing Handbook). Grading for this test is as follows:

   | Level       | 100 | 20 points |
---|-------------|-----|-----------|
   | Level 3     | 90  | 18 points |
   | Level 2     | 60  | 12 points |
Below Level 1 | No grade allowed for this level | 0 points |

Successful completion of NUR 214 is contingent upon both completion of course work, including the ATI final exam, and a satisfactory grade in clinical.

MOODLE Requirements:

1. All students should have access to Moodle on-line program. If you don’t have access or having difficulty with your access, notify Moodle Administration for assistance.
2. You will need to monitor your Moodle account frequently for information regarding your classes, assignments, and messages.
3. If you do not have access to a personal computer, you may use the computers that are available at one of our satellite campuses located in Dillon, Bennettsville, or Pageland (closes at 12 Noon) or the NETC main campus in Cheraw. You will need to present your school ID to have access to the computers.